



Legend of Map Symbols

Scale in Miles
0 1/4 1 1 1/2 2

2 miles is about 12 minutes by bike or 40 minutes of walking (individual results may vary)

Prepare for Your Ride

Bicycles

- Chain** Lube and clean your chain to reduce noise and friction. See chain lube instructions for recommended frequency and amount.
- Tires** Check tire pressure before each ride. Make sure tire pressure is within the range marked on the tire sidewall.
- Water** Stay healthy and avoid thirst with a bottle of hydration pack. Plan ahead for the weather conditions of each ride.
- Food** Bike ride snacks help to keep energy levels high and legs spinning. Fruit, energy gels and bars are good choices.
- Repair Kit** Take tools for adjustments and a spare tube, tire levers, patch kit, and mini pump in case of a flat tire.
- Clothing** Wear cycling specific helmet, shorts, gloves jersey, and shoes for comfort.
- Accessories** Extras include: Lock, Bell, Rack, Seat Bag, Spedometer, Mirror, Gasket, Car Rack, Glasses and Lights.

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Bikeway Etiquette

- All users should stay to the right to travel in the same direction.
- These paths are for the use of bicycles and are not to be used for other purposes.
- Single riding or riding in a single file is preferred.
- Use proper hand signals and courtesy.
- Carry out what you carry in.
- Leave trails and forests clean.
- No fires are allowed.
- Unauthorized vehicles are strictly prohibited for emergency or maintenance functions or activities unless authorized by the trail manager.
- Remember the path is shared by hikers, joggers, wheelchair users, children, and others.

This map is designed to help cyclists use their bicycles on and around the Hockhocking Adena Bikeway. Users of this map should be aware that potential hazards and obstructions may exist on the routes shown. The user of the map bears the full responsibility for his or her safety. See more maps online AthensCyclePath.com