

Newsletter

Corning Head
Start/Early Head
Start

740-347-4685



#### **Center Base**

Ms. Peggy & Ms. Caitlin will continue working on letter recognition, food and nutrition, and the change in the weather. In addition to the differences and similarities in the children's families.

### **Early Head Start**

Ms. Patti will be presenting activities that focus on celebrating the family unit. What makes a family? Why does my family look different from other families? What can we do as family for quality time together?

Families will be creating cherished memories through photos and handmade mementos.

### **Thanksgiving Holiday Closure**

We will be <u>CLOSED</u> November 23-25. We will resume as normal on November 28.





# Happy Birthday!

Layah W. 11/07 Jetta E. 11/11 Staff would like to thank all of the families who have been attending socializations and parent meetings. Your participation in your child's overall education and development is very important to your child's growth. We will continue to strive to provide quality learning opportunities that encourage family togetherness.

## **Home Based**

Ms. Laurie will be presenting families with nutrition facts and how they can encourage their children to try new foods. According to mental health studies, eating together can improve parent-child relationships and give children a sense of stability and connectedness to the family unit. Children younger than 13 who regularly eat meals with their families exhibit fewer behavioral problems. In addition, meal time conversations have been linked to improved literacy skills. To learn more about nutrition and healthy recipes visit <a href="https://www.myplate.gov">www.myplate.gov</a>