

# February



Laurelville  
Head Start  
2023

## Center News

The children will be discussing emotions and kindness this month. The teachers will be utilizing many books that involve feelings, conflict, friendships, and kindness.

Here are some examples of how you can continue learning in the home:

- A book suggestion: “When Sophie Gets Angry- Really, Really Angry...” by Molly Bang or similar stories. This is a great book about anger and how to deal with those big feelings. Read the story with your child and then discuss why Sophie was angry, ask them to show you their faces for the emotions that you discuss in the story, such as angry, sad, and happy. Try using more complex words to describe those feelings too, such as frustrated, depressed, and elated. If you do not have a particular book you are looking for, you can always search it on YouTube to find a video of someone reading the story, or check out the Laurelville Library.



## Upcoming Events

### Parent Meeting

Wednesday, February 8<sup>th</sup> at 4:30 p.m.  
Laurelville Head Start

*Please join us for our Parent Meeting! Our Health and Nutrition Coordinator, Kathleen Banks, will give us a presentation about Nutrition. Snacks and quiet activities for the children will be provided.*

### Class Valentine Celebration

We will be having a Class Valentine Celebration on Tuesday, February 14<sup>th</sup>. If your child was unable to attend our Valentine Box Making Night, please let us know and we can send home materials so you can make one at home. When you send in the Valentines, please only write your child's name on the from part. It makes it much easier to pass out to the children.

For example:

To: \_\_\_\_\_

From: Ms. Julie

## Reminders

The center will be closed on February 17<sup>th</sup> for Staff Training and on Monday, February 20<sup>th</sup> for Presidents' Day. School will resume on Tuesday, February 21<sup>st</sup>.

## Questions?

Contact Mrs. Jones at 740-332-1377