



April

Center News

Center Based

Classroom A will be planting a garden and working on songs for the End of the Year Celebration. They have also planned a fieldtrip to the AHA! Hands on Children's Museum on April 25th.

Classroom B will continue to explore the ocean and have set up a beach in the classroom! Ms. Marilyn would like to remind you to send an extra set of clothes to be kept in your child's cubby.

Home Based/Early Head Start


This month, our HB/EHS Socialization events will focus on Gross Motor Skills and Language and Literacy. HB/EHS families are invited to join us at the Richland Ave. Park on 4/11/23 at 11:00 am and at the Athens Head Start Center on 4/28/23 at 5:00 pm for Socialization!

Did you know? No matter what the weather brings, playing outside is good for kids. There is scientific evidence that playing outside improves health, and children of all ages love it!

Bringing baby outside. The earlier you share nature with your baby, the more likely they are to develop a life-long love of the outdoors. Even infants and toddlers can play and learn in nature. Take a walk through the trees using a carrier or stroller. Throw down a blanket on the grass or soft earth. Give them some outside tummy time, blowing bubbles for them to reach for and watch glisten in the sun.

Explore with preschoolers and younger children.

- **Build nature sculptures** with twigs, leaves, cones, rocks and more by sticking the collected items into a play dough base.
- **Bike or walk with the family** in your neighborhood or find a new park to explore.
- **Take story time outside.** Grab a blanket, some books and find a shady spot to read with your child outdoors. Pick books that talk about nature and help your child make connections.
- **Outdoor playdates.** Meet up with friends outdoors to build social connections for both children and adults.



Athens
Head Start
Early Head Start

Happy Birthday!

Bisher A.	Remy B.
Benjamin D.	Anna D.
Kinzley G.	Star R.
Zoe T.	Emelia Y.

Upcoming Events

Parent Meeting

April 5th at 4:00 pm

Athens Head Start Center

Home Based/Early Head Start Socializations

April 11th at 11:00 am

Richland Ave. Park

April 28th at 5:00 pm

Athens Head Start Center

Family Event

Diversity/Literacy Night

April 28th at 5:00 pm

Athens Head Start Center

