

May 2023

Athens  
Head Start



## Center News

As we approach the end of another fun filled year, our teachers and the children are busy planning their end of year performances. The children are also very excited to display their artwork during our art show! The art show will be held on May 3<sup>rd</sup> at 3:30 pm in the Hallway between our classrooms. Be sure to stick around after the Art show for our Parent Meeting at 4:00 pm!

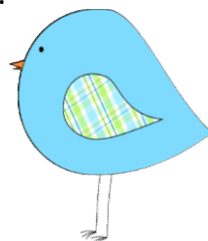
Classroom A will be going to The Richland Avenue Park on May 19th to play and have a picnic. Be sure to ask your child about the garden they are planting at the center. Classroom B has a field trip planned for May 11<sup>th</sup> to go gem mining. Field trip details will be shared with families soon!

Home Based and Early Head Start are planning to spend as much time outdoors as possible, and will be scheduling socializations at various local parks.

### *Did you know?*

Getting outside provides more than a fun break for children and teenagers. It is also good for their physical and mental health and development. Children and teens who spend time playing outside and enjoying nature can be:

- Physically healthier
- More engaged in learning
- More positive in behavior
- Mentally healthier



Source: American Academy of Pediatrics (Copyright © 2022)

## Happy Birthday

Shreyas C., Jordyn H., and Nicolai M.

## Upcoming Events

### Parent Meeting

**May 3, 2023 at 4:00 pm**

Athens Head Start Center

### Home Based/Early Head Start Socializations

**May 3, 2023 at 10:00 am**

Richland Ave. Park, Athens, OH

**May 12, 2023 at 4:00 pm**

Richland Ave. Park, Athens, OH

### Art Gallery Presentation

**May 3, 2023 at 3:30 pm**

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### End of Year Celebration

**May 24, 2023**

Classroom A - 11:00 am

Classroom B - 1:00 pm