# September 2023

New Lexington Head Start/Early Head Start

## **Center News**

#### **Center Based**

School is back in session and our classrooms have been busy establishing classroom routines, creating classroom communities, and building relationships! Establishing a classroom community is important because it supports the social-emotional development of children. Center Based children will be going on a field trip to Cherry Orchards on September 19th. Details about the field trip will be shared with families ahead of the event. If you haven't scheduled a physical or dental exam for you child yet, please do so as soon as possible. If you need assistance with scheduling these exams, please let center staff know and they can assist you.

#### **Home Based and Early Head Start**

Home Based and Early Head Start Home Visitors will be incorporating activities into home visits related to the upcoming change in seasons. Families will also have the opportunity to join the Center Based program at Cherry Orchards to explore and learn about fruits like apples, grapes, and more!

#### Why are routines and schedules important?

Just like adults, children feel more confident and secure when their daily activities are predictable and familiar. A consistent daily schedule and step-by-step routines give children a predictable day. When infants and toddlers are part of familiar activities and routines, they develop relationships with the people they interact with and gain a sense of belonging and self-confidence. As older toddlers and young children grow, they can follow routines, demonstrate emerging independence, and adjust to change more easily.

### **Happy Birthday!**

**September 5th** Lyland B.

September 7th

Kennedy H.

September 11th

Vierra H.

September 13th

Weston C.

September 20th

Kyleigh H.

September 22nd

Zoey M.

### **Upcoming Events**

# Join us for the first parent meeting of the school year!

Families are encouraged to participate in all center events. Parent Meetings provide you the opportunity to be involved in your child's education.

Parent Meeting
September 12th - 5:00 pm

New Lexington Head Start

Socializations
Home Based and Early Head Start
September 5th - 5:00 pm

New Lexington Head Start

September 19th - 10:00 am

Cherry Orchards, Crooksville, OH

